

**J. Sargeant Reynolds Community College  
Course Content Summary**

**Course Prefix and Number:** HMS 266

**Credits:** 3

**Course Title:** Counseling Psychology

**Course Description:** Studies major counseling theories, their contributions and limitations, and the application of each to a counseling interaction. Students develop their own personal counseling theory. Lecture 3 hours per week.

**General Course Purpose:** This course can be used to satisfy the requirements of the Human Services AAS degree by the college. In addition to human service majors, this course offers students in other disciplines an opportunity to explore and study the counseling, its process, theories, and how theories are applied with diverse client systems.

**Course Prerequisites and Co-requisites:**

None

**Student Learning Outcomes:**

Upon completing the course, the student will be able to

- a. Identify major counseling theories, principles, and applications;
- b. arsenal;
- c. Identify the stages of the counseling process;
- d.